



MEALS FROM THE HEART

RONALD MCDONALD HOUSE CHARITIES®
OF CENTRAL ILLINOIS

Peoria House

Ronald McDonald House offers free accommodations and meals to families with children receiving medical care, providing 8,231 nights to 432 families last year. Our families spend long days at the hospital and your support can help by providing them with a comforting, home-cooked meal. Join us in our mission to help families in need.

Who Can Participate

- You don't have to be a trained chef! Just someone who cooks from the heart
- Groups can be up to 12 people
- We love to include children in your group! Please let the Volunteer Coordinator know if children will be included in your group so we can plan a great visit for them
- Business groups may have access to our community room for meetings before or after your cooking activity. Arrangements must be made in advance with the Volunteer Coordinator





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What to Expect

- Meals must be prepared in our commercial kitchen or another licensed commercial kitchen
- Volunteers select the meal and purchase the ingredients
- The Peoria kitchen is stocked with pots, pans, utensils, and basic spices for you to use
- You will set-out the meal on the counter like a buffet using our serving dishes
- You will clean-up after you prepare the meal
- You are expected to follow all procedures as described by staff and follow all policies of the House
- Depending on their schedules, you may or may not interact with families. We ask that you respect their privacy and engage with them only when invited
- An outdoor grill can be used in the warmer months
- Free parking across the street



Serving Requirements

- We aim to prepare sufficient food for approximately 45-50 people, although the actual number may vary due to fluctuating occupancy of our House, and we will confirm these numbers with you the week before your scheduled date
- If your group requires more preparation time, please inform us, as dinner is served at 6:00 p.m. and groups can typically arrive 1 ½ to 2 hours in advance



How to Register

- You can visit our website at www.rmhc-centralillinois.org to sign-up or fund a meal
- You can email Volunteer Coordinator Deb Luke at peoriameals@rmhc-centralillinois.org or call 309-401-2525
- Scan the QR code below

